



LEARNING SESSIONS

LEARNING SESSIONS	DATE	TOPIC
LS 1	January 2015	Program Introduction
LS 2	May 2015	Nutrition Education and Food and Beverages
LS 3	September 2015	Physical Activity and Screen Time
LS 4	November 2015	Other Program-Based Activities and Staff Wellness
LS 5	February 2016	“Hot Topics” and Open Discussion
LS 6	May 2016	Wrap-up Celebration and Recognition