

Nemours Healthy Habits for Life:
Sustainability Project

*An Early Care and Education
Obesity Prevention Program*



DIRECTORY

Participating ECE Programs

January 2015



Winter Park
Health Foundation

Nemours.
Children's Health System



Nemours Healthy Habits for Life: Sustainability Project

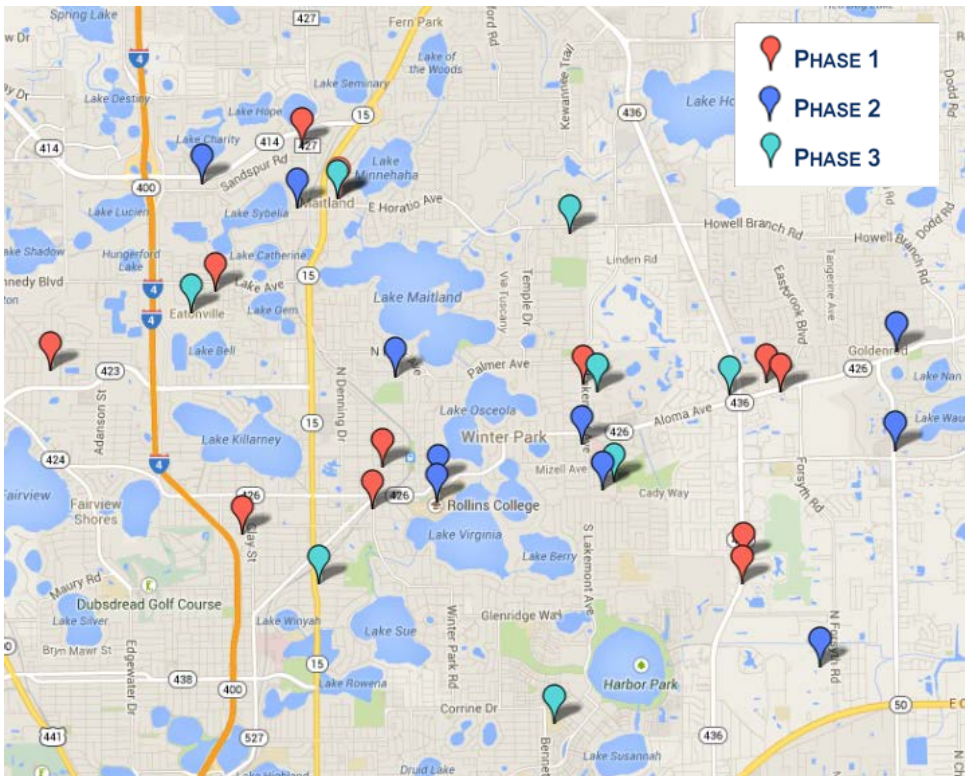
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ABOUT THE PROJECT

In the fall 2011, Winter Park Health Foundation awarded a grant to Nemours Florida Prevention Initiative to provide an early care and education obesity prevention program to help make a positive difference in children's lives in Eatonville, Maitland and Winter Park. With each successful phase Nemours recruited a cohort of child care programs in the catchment area to receive a multi-component health education intervention to develop a custom wellness policy that promotes healthy eating and physical activity into the daily practices of each participating program. 30 child care programs and approximately 1,500 preschoolers annually have been impacted by the Nemours Healthy Habits for Life project.

PROJECT COORDINATOR

Margie Natera, MPH | 407.650.7396 | Margie.Natera@Nemours.org



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AT-A-GLANCE | PARTICIPATING PROGRAMS

Program Name	Phase	CACFP	VPK	Hours
All Saints School	2			Half
Aloma Kids Academy	1			Full
Aloma Methodist Early Care Learning Center	3			Half/Full
Asbury Early Learning Center	2			Half
Audubon Park Elementary School VPK Program	3			Full
Cheney Elementary School VPK Program	2			Half
Childtime Learning Center #308	1			Full
Christian Education / Woodruff Academy	3			Full
Divine Individuals Developmental Center	1			Full
First Steps Preschool and Day Care	1			Full
Hungerford Elementary School VPK Program	3			Full
JCC Early Childhood Learning Center	1			Full
Kid's Prep School	1			Full
Kiddie Haven Day Nursery	2			Half/Full
KinderCare Learning Center #920	2			Full
La Shundra's Tots Child Care & Development Center	1			Full
Loving Earth Preschool & Development Center	1			Full
Maitland Community Preschool	2			Half
Maitland Montessori School	3			Full
Redeemer Children's Journey Preschool	1			Full
Rollins College Child Development Center	2			Half
Stepping Stones Preschool	3			Half
Terrific Kids Child Development Center	2			Half/Full
The Church Learning Tree	2			Half/Full
The Monarch Learning Academy	3			Full
We Love Kids Learning Academy	1			Full
Welbourne Avenue Nursery & Kindergarten	1			Full
Winter Park Day Nursery	1			Full
Winter Park Presbyterian Preschool	2			Half/Full
Wonderland Child Care Center	3			Full





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PHASE 1

Aloma Kids Academy

Director: Margarita Rodriguez
info@alomakidsacademy.com

407.678.3933
3416 Aloma Ave | Winter Park 32792
www.alomakidsacademy.com/

Childtime Learning Center #308

Director: Ruth Reinstein
Site Contact: Crystal Mantilla
0308@childtime.com

407.679.1884
1001 S Semoran Blvd | Winter Park 32789
www.childtime.com/your-local-school/winter-park-fl-0308/

Divine Individuals Developmental Center

Director: Alyssa Bender
DIDCOrlando@gmail.com

407.622.1526
519 Clark St | Eatonville 32751
www.facebook.com/pages/Divine-Individuals-Developmental-Center-Inc/137017757698

First Steps Preschool and Day Care

Director: Peggy Schuneman
firststeps@calvaryorlando.org

407.647.3400
1199 Clay St | Winter Park 32789
www.calvaryfirststeps.com

JCC Early Childhood Learning Center

Director: Carol McNally
Site Contact: Jodi Alter
jodia@orlandojcc.org

407.645.5933
851 N Maitland Ave | Maitland 32751
www.orlandojcc.org/early_childhood

Kid's Prep School

Director: Jackie Munoz-Diaz
Site Contact: Aura Balaguer
kidsprepa14@embarqmail.com

407.671.7170
823 S Semoran Blvd | Winter Park 32792
www.facebook.com/KidsPrepSchool

La Shundra's Tots Child Care & Development Center

Director: La Shundra Atkins
lashundra_atkins@yahoo.com

407.975.9100
140 West St, Suite B | Eatonville 32751

Loving Earth Preschool & Development Center

Director: Maria Garafalo
lovingearth@live.com

407.740.6118
813 N Lakemont Ave | Winter Park 32792
www.facebook.com/LovingEarthPreschool

Redeemer Children's Journey Preschool

Director: Jennifer Garrison
redemercjp@embarqmail.com

407.678.8660
3377 Aloma Ave | Winter Park 32792
www.redeemerwp.org/preschool.html



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PHASE 1 | CONTINUED

We Love Kids Learning Academy

Director: Narobi Borwn

welovekidslc@gmail.com

407.668.4774

5301 Goddard Ave | Orlando 32810

www.facebook.com/pages/We-Love-Kids-Learning-Academy/254407901251155

Welbourne Avenue Nursery & Kindergarten

Director: Robynn Demar

welbank@embarqmail.com

407.644.5885

450 Welbourne Ave | Winter Park 32789

www.welbournavenuenursery.org

Winter Park Day Nursery

Director: Ali DeMaria

execdirector@winterparkdaynursery.org

407.647.0505

741 S Pennsylvania Ave | Winter Park 32789

www.winterparkdaynursery.org



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PHASE 2

All Saints School

Director: Kristin Millson
kristinm@allsaintswp.com

407.644.1737
338 E Lyman Ave | Winter Park 32789
www.allsaintsschoolwp.com

Asbury Early Learning Center

Director: Alison McAlenan
preschool@asburyumc.com

407.644.5222 ext. # 117
220 W Horatio Ave | Maitland 32751
www.asburykids.com/

Cheney Elementary School | VPK Program

Teacher: Heidi Butterfield
heidi.butterfield@ocps.net

407.672.3120
2000 N Forsyth Rd | Orlando 32807
www.cheney.ocps.net

Kiddie Haven Day Nursery

Director: Michelle Rowley
khaven1953@aol.com

407.644.1617
1851 Goodrich Ave | Winter Park 32789
www.facebook.com/pages/Kiddie-Haven-Day-Nursery/152250421483763

KinderCare Learning Center #920

Director: Jessica Lopez
300920@klcorp.com

407.671.3870
4035 N Goldenrod Rd | Winter Park 32792
www.kindercare.com/our-centers/winter-park/fl/300920/

Maitland Community Preschool

Director: Betsy Wilson
bwilson@orangewood.org

407.215.0990
1300 W Maitland Blvd | Maitland 32751
www.orangewood.org/maitlandcommunitypreschool

Rollins College Child Development Center

Director: Diane Doyle
dterordedoyle@rollins.edu

407.646.2515
1000 Holt Ave, Box 2760 | Winter Park 32789
www.rollins.edu/child-development-student-research-center/

Terrific Kids Child Development Center

Director: Tessa Downes
myterrifickids@aol.com

407.657.9700
7507 Aloma Ave, Ste #2 | Winter Park 32792

The Church Learning Tree

Director: Sandy Varnell
svarnell@fbcwp.org

407.628.1761
1021 N New York Ave | Winter Park 32789
www.facebook.com/LovingEarthPreschool

Winter Park Presbyterian Preschool

Director: Laurel Zinssar
preschool@winppc.org

407.629.0727
400 S Lakemont Ave | Winter Park 32792
www.winppc.org/Joomla25/index.php/preschool

DIRECTORY

Participating ECE Program



PHASE 3

Aloma Methodist Early Care Learning Center

Director: Barbara Twachtman
Site Contact: Leyla Patrick
barbarat@alomazone.org

407.671.0947
3045 Aloma Ave | Winter Park 32792
www.alomaeclc.com

Audubon Park Elementary School | VPK Program

Teacher: Margaret Krogel
Margaret.Krogel@ocps.net

407.897.6400
1750 Common Way Rd | Orlando 32814
www.audubonpark.ocps.net

Christian Education / Woodruff Academy

Principal: June Sullivan
woodruffacademy@gmail.com

407.265.0377
760 N Lakemont Ave | Winter Park 32792

Hungerford Elementary School | VPK Program

Teacher: Dione Dumas
dumasd@ocps.net

407.623.1430
230 S College Ave | Eatonville 32751
www.ocps.net/lc/north/ehu

Maitland Montessori School

Director: Adele Fondo
Site Contact: Muriel Owens
maitmon@earthlink.net

407.628.0019
236 N Swoope Ave | Maitland 32751
www.maitlandmontessori.org

Stepping Stones Preschool

Director: Sue Bohne
steppingstonespreschool@yahoo.com

407.215.0990
1720 Howell Branch Rd | Winter Park 32789
www.steppingstonespreschoolinc.com

The Monarch Learning Academy

Director: Marguerite McNeil
mmcneil@monarchlearningacademy.com

407.478.8577
1600 S Orlando Ave | Winter Park 32789
www.monarchlearningacademy.com

Wonderland Child Care Center

Director: Nicole McDonald
wonderland2095@gmail.com

407.628.3774
2095 Dundee Dr | Winter Park 32792
www.wonderlandchildcarewp.com





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ABOUT NEMOURS

For more than 70 years, Nemours has been dedicated to helping children reach their full potential. Nemours is the nation's only integrated children's health system with two freestanding children's hospitals; multiple specialty clinics; and a network of primary and urgent care delivered in more than 45 physical locations in 5 states.

Our unique model of care is designed to address the needs of the "whole child" by integrating medical care, prevention, advocacy, education and research. Most importantly, families are at the heart of everything we do.

KidsHealth.org is the most-visited site on the Web for information about health, behavior and development from before birth through the teen years. On a typical weekday, KidsHealth.org gets more than 700,000 visits. For information you can trust about kids and teens that is free of "doctors speak," KidsHealth.org is the right place. One of the things that makes this site so special is that it is really four sites in one: with sections for parents, for kids, for teens and for educators.

ABOUT WINTER PARK HEALTH FOUNDATION

The Winter Park Health Foundation is a private, not-for-profit organization supporting programs that improve the health youth, older adults and the community-at-large in Winter Park, Maitland and Eatonville. It also conducts research and provides education on health issues affecting these groups.

A long-trusted leader on health care issues, the Foundation serves as a catalyst for information gathering, research and collaboration on health issues impacting Central Florida.

Our mission is *to make a positive difference in people's lives by creating the healthiest community in the United States.*