



Coordinated Youth Initiative Programs

In the belief that Healthy Kids Make Better Students and Better Students Make Healthy Communities, the Winter Park Health Foundation is pleased to support a variety of programs aimed at tending to the physical and mental well-being of children in our community.

The programs, developed and offered through a unique partnership between the Winter Park Health Foundation and Orange County Public Schools (OCPS), fall under the umbrella of the Coordinated Youth Initiative (CYI).

Programs include Healthy School Teams, the CHILL counseling program, School Nursing Initiative, and Student Health Centers staffed by Nurse Practitioners and Physician's Assistants offering primary care services to those in need. The Foundation supports the provision of these programs and services in the twelve OCPS schools serving families in Winter Park, Eatonville and Winter Park. This collection of schools, commonly referred to as the Winter Park Consortium of Schools, includes Winter Park High School and its elementary and middle feeder schools.

All programs are dedicated to helping local students become the healthiest and most academically-productive they can be. The CYI is modeled after the Coordinated School Health Program advocated by the Centers for Disease Control (CDC). The philosophy behind the model is the health of our youth requires

the involvement of parents, families, teachers, counselors, school administrators, health care professionals and other related agencies. The health of our children affects us all.

The Winter Park Health Foundation supports these programs as it strives to build the healthiest community in the country. If you are interested in getting involved in the CYI, consider joining one of the Healthy School Teams (HST) or lending your support for its activities. You can get contact information by checking the HST Leader roster on the Foundation-created and maintained website, www.healthykidstoday.org. Just click on "Healthy School Teams" under the title "Coordinated Youth Initiative." Or you can call your child's school.

We hope you will visit www.healthykidstoday.org often and that it will serve as a source of valuable local health information. It also will connect you to other websites across the Internet providing important health-related information. The site is updated weekly with news, event information and healthy recipes.

The Foundation is proud to work with the Winter Park Consortium of Schools to eliminate barriers to learning by addressing the health and wellness needs of our youth. Healthy kids do make better students, and they will surely make this a healthier community for us all.

www.healthykidstoday.org

Winter Park Consortium of Schools

Services outlined in this brochure are provided at these Consortium schools.

Elementary:

Aloma	407-672-3100
Audubon Park	407-897-6400
Brookshire	407-623-1400
Cheney	407-672-3120
Dommerich	407-623-1407
Hungerford	407-623-1430
Lake Sybelia	407-623-1445
Lakemont	407-623-1453

Middle Schools

Glenridge	407-623-1415
Maitland	407-623-1462

High Schools

Winter Park 9th Grade Center	407-623-1476
Winter Park	407-622-3200



WINTER PARK HEALTH FOUNDATION
www.wphf.org

The Winter Park Health Foundation is a private, not-for-profit organization focused on improving the health of the community. The Foundation invests in programs that improve the health of children, older adults and the uninsured. We are proud to be able to work with Orange County Public Schools as we attempt to create the healthiest youth by addressing unmet health needs and eliminating barriers to learning through the Coordinated Youth Initiative (CYI) programs.

To learn more about our CYI programs, you can go to www.HealthyKidsToday.org, a Foundation-sponsored website. To find out more about the Foundation's other focus areas, you can go to our website at www.wphf.org. Or you can contact us at 407-644-2300.

10/09



Your Guide to School-Based Health & Wellness Programs



***Coordinated Youth Initiative**
a partnership between the Winter Park Health Foundation and Orange County Public Schools in Winter Park, Maitland & Eatonville.



CHILL: Community Help & Intervention in Life's Lessons

CHILL—Community Help & Intervention in Life's Lessons—is a free counseling program provided for students of all ages attending schools within the Winter Park Consortium, especially those who need help with issues such as low self-esteem, anger management, depression, divorce, and grief and loss. If ignored, these are issues that can become barriers to learning. CHILL counselors focus on prevention and early intervention to help students and promote healing throughout the family system. There is no cost to students and families who are assessed and deemed appropriate to

receive services through CHILL.

The CHILL program is funded through a grant by the Winter Park Health Foundation to the Foundation for Orange County Public Schools. Oversight is provided by Healthcare Providers & Associates.

Individual, group and family counseling services are available and are provided on the school campus. Students can be referred to the CHILL program by teachers, school administrators, school social workers, SAFE Coordinators, parents, school psychologists, behavior specialists and nurses. Students also can refer themselves to the program. Parental consent is required to enroll a student in the program and CHILL counseling records do not become part of a student's school records.

For a roster of the CHILL Counselors located at the Consortium schools, just click on "CHILL" under the title "Coordinated Youth Initiative" on www.healthykidstoday.org

School Nursing Initiative

Through its School Nursing Initiative and a grant to OCPS, the Winter Park Health Foundation supports the hiring of licensed nurses in several Winter Park Consortium schools, an expensive addition most Florida schools cannot afford. The grant also provides for supplies in all Consortium school clinics and enables all school health personnel to have access to a pediatric nurse practitioner who provides expertise and training, and is available for consultation.

The goal is to boost student health and attendance as school nurses are trained to assess and handle emergencies and illnesses so that children can return to class as quickly as possible, ready to learn and make the most of the school day.

School nurses provide health screening, prevention and health maintenance services, as well as emergency care. For a roster of the nurses working within the Winter Park Consortium of Schools, just click on "School Nurses" under the title "Coordinated Youth Initiative" on www.healthykidstoday.org

Student Health Centers

In addition to the nurses, there are licensed professionals who provide more advanced care—including Pediatric Nurse Practitioners and Physician's Assistants—based in the Student Health Center at Glenridge Middle School and the Student Health Center at Winter Park High School. They are available to serve all students enrolled in Consortium schools. Funded through a grant by the Winter Park Health Foundation to the Foundation for Orange County Public Schools, Healthcare Providers of Florida provides nurse practitioners and operates the Student Health Centers to assess, diagnose and prescribe medications and therapies for patients.

The services are aimed at those without adequate health care coverage or timely access to their health care provider.

To schedule visits—which are by appointment only—please call the Student Health Center at Glenridge Middle School, 2900 Upper Park Road Orlando, FL 32814, at 407-623-1415, ext. 256 or the Student Health Center at Winter Park High School, 2100 Summerfield Road, Winter Park, FL 32792, at 407-622-3200, ext. 2201. For a roster of Nurse Practitioners/Physician Assistants serving the Student Health Centers, just click on "Student Health Centers" under the title "Coordinated Youth Initiative" on www.healthykidstoday.org



Healthy School Teams

Healthy School Teams (HST) have been established at each of the schools in the Winter Park Consortium. They are supported financially by and with leadership from the Winter Park Health Foundation (WPHF). Because of the success of these teams launched within the Consortium, the Orange County Public Schools School Wellness Policy now mandates every public school in Orange County will have one.

These unique teams are made up of parents, teachers, staff, administrators and sometimes students. They are all volunteers. Each team is charged with organizing activities that promote healthy lifestyles and behaviors. The teams make sure good health is a priority and is supported by the school environment. Programs are as varied as the schools; creativity is encouraged.

The HSTs welcome the interest of parents and businesses. If you'd like to get involved, call your child's school or check the HST Leader roster located at www.healthykidstoday.org Just click on "Healthy School Teams" under the title "Coordinated Youth Initiative" on the website.

Healthy Kids Make Better Students. Better Students Make Healthy Communities